

Winter/Spring 25

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AAACE

Augusta Adult & Community Education

**Contact Information**

207-626-2470

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[augusta.maineadulted.org](http://augusta.maineadulted.org)



## DIRECTOR'S MESSAGE

Dear Augusta Adult and Community Education Community,

As we welcome the Winter/Spring 2025 semester, I find myself reflecting on the incredible diversity of journeys that lead our students to our doors. Each story—whether it begins with the courage to return to education, the determination to build a new skill, or the dream of a brighter future—adds to the vibrant tapestry of our community.

At Augusta Adult and Community Education, our mission goes beyond academics. We are here to empower individuals, open doors to opportunity, and create a supportive space where goals become accomplishments. This semester, we are especially excited about new initiatives designed to expand access, strengthen partnerships, and enhance the learning experience for all.

Whether you're a new student joining us for the first time or a returning learner continuing your path, know that you are part of something larger—an environment where growth, connection, and success are celebrated.

Thank you to our incredible staff, community partners, and supporters who make this work possible. Together, we continue to transform lives, one step at a time. Let's make this semester unforgettable!

Warm wishes,  
Dr. Kayla Sikora  
Director, Augusta Adult and Community Education

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ACADEMIC CLASSES



Receive individual or small group academic assistance in preparation to take the HiSET (High School Equivalency Test). Reading, writing, math, social studies, and science foundational help is provided. Students working towards the HiSET are required to attend HiSET learning labs for a minimum of eight hours of preparation. All HiSET students must meet with the intake counselor, complete the CASAS assessment, and the five HiSET practice tests. This will be followed up with an individual plan based on a student's academic needs. All of the HiSET testing is done at our Augusta location and is free of charge.

For more information, please call 207-626-2470.

*Testing accommodations may be available for individuals with documented disabilities.*



**High School Diploma**

It doesn't matter if you've been out of school for two months or twenty years, make this the year you complete your high school education. We provide a variety of diploma credit courses. Courses are offered at a variety of times, classes are small, and all diploma classes are free of charge. We know that it's tough coming back to school as an adult, and we will work with you to develop a schedule that meets your needs.

Previous diploma credits earned may be applied to the total number of credits needed to complete your high school diploma.

Please call us at 207-626-2470 to schedule an appointment with our academic advisor to find the best class for you!



## DIGITAL LITERACY

**NorthStar Digital Literacy****with Kenlyn Clark**

For HSD and Enrichment students. Through the online Northstar Digital Literacy program, students will learn how to navigate, create, troubleshoot, and interact with others professionally in online work. Students take proctored exams for each of the 12 required modules.

Mondays &amp; Thursdays, 9:30-11:00 am

Jan. 14 - May 8

AACE, Room 10

\$40 for general public

## ENGLISH

**Adult Basic English****with Eleanor Lunt**

In this English course, we will cover Linda Sue Park's novel, "A Long Walk to Water." We will find ourselves reading about the lives of two individuals, bound by geography and history, yet separated by time. The themes are shown through the journeys of Nya, a young girl fetching water in war-torn Sudan, and Salva, a boy displaced by conflict. Through discussions, essays, and creative projects, students will see the difficulties of survival and how storytelling can shape our understanding of the world. Academic students only.

**English****with Eleanor Lunt**

In this English course, we will cover Linda Sue Park's novel, "A Long Walk to Water." We will find ourselves reading about the lives of two individuals, bound by geography and history, yet separated by time. As the journeys of Nya, a young girl fetching water in war-torn Sudan, and Salva, a boy displaced by conflict, different themes to explore become more

apparent. After determining which standards are needed we will fulfill the ones needed through discussions, essays, and creative projects. Academic students only.

**Reading for Understanding****with Eleanor Lunt**

The Reading for Understanding class focuses on developing the Learner's ability to comprehend written English text by explicitly teaching reading strategies, building vocabulary, and utilizing visual aids to support understanding, all tailored to their language proficiency level, allowing them to actively engage with the material and extract meaning from various text types. Academic students only.

**Writing Workshop****with Tracy Weber**

Do you like to write? Do you want to learn how to improve your writing? In this weekly workshop, you will set goals for yourself, work at your own pace, and give and receive support from your classmates. Both fiction and non-fiction writing are encouraged. Self-motivation will be the key to your success! This class can be taken for a quarter credit, half credit or full credit. Academic students only.

## FINE ARTS

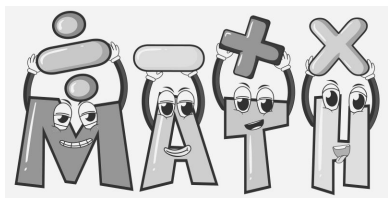
**Art 1****with Liz Johnson**

Art provides students with opportunities to learn about the elements of art and the principles of design, as well as art history and criticism. Students will explore basic art media and techniques, such as drawing, painting, collage, print making, sculpture, and more! This class fulfills the AACE Fine Arts requirement and is open to high school diploma students. Academic students only.

## MATH

**Emerging Math****with Liz Johnson**

Emerging Math covers addition, subtraction, multiplication, and division with whole numbers, fractions, and decimals. Other topics include place value understanding, basic geometry, ratios and rates, and interpreting expressions, equations, and patterns. Academic students only.

**High School Diploma Math****with Liz Johnson**

High School Diploma Math covers addition, subtraction, multiplication, and division of whole numbers, decimals, and fractions. Other topics include LCM (least common multiple, GCF (greatest common factor), prime and composite numbers, working with ratios, and solving word problems. This class is appropriate for HSD, AT, and CT, preparation for HiSET Math. Prerequisite: determined by CASAS Math score. Academic students only.

**Math Lab****with Liz Johnson**

Math Lab is for enrolled students who need support in high school diploma or college math classes. It is also a time for students to make up a class they have missed or to receive additional support on an assignment. Academic students only.

## PERSONAL FINANCE

**Personal Finance****with Kenlyn Clark**

The Personal Finance course is required for students seeking a high school diploma at AACE. Students will learn how to manage their money, be wise with insurance, and invest and save for their future. Academic students only.

## SCIENCE

**Chemistry with Lab****with Kenlyn Clark**

This course is for high school diploma students who need a science course with a lab to meet graduation requirements. Students will learn how modern chemistry came to be and will learn about atoms, molecules, elements, and compounds. Students will learn the how and why of chemical reactions, how to balance chemical reactions, and calculate the grams of reactants and products required for a balanced chemical equation. Academic students only.

## SOCIAL STUDIES

**Government****with Tom Renckens**

This class will examine the structure of American government, comparing it with other global systems. We'll explore America's founding documents and their ongoing influence on policies and contemporary issues. The course will trace the origins of the U.S. Democratic Republic and its impact on federal regulations and Supreme Court decisions. We'll also study the balance of power envisioned by the framers and how issues like PFAS in Maine relate to national policies. Finally, we'll explore federalism and the interaction between local, state, and national governments. Academic students only.

NEW!

## ELECTIVES

**Advising****with Sydney Bolduc**

This course covers various topics that will provide you with the skills and knowledge needed to set and complete goals, study effectively, manage your time, prepare for college, and apply for jobs. This course is about YOU! You are essential to getting the most out of it. Your attendance, class participation, questions, and assignment completion will be the keys to your success.

Topics covered: self-awareness & growth mindset, self-care, metacognition, study skills, stress & time management, interviews, health literacy, social media management, and career pathways. Academic students only.

**Career Exploration: Early Childhood Career Exploration****with Kelli Gilzow Stowell**

Career Exploration in Early Childhood Education begins with providing participants with the tools and understanding needed to lead small groups of children through an afternoon of adventure. We will explore the principles of outdoor ethics, outdoor recreation, stewardship/conservation, and highlight student success to share their work.

**Instructional Times**

Tuesdays and Thursdays, 1:00-3:00 pm

Jan. 14 - Apr. 17

AACE, Room 9

**Clinicals with City of Augusta Childcare**

Tuesdays and Thursdays, 3:15 - 4:15 pm

Jan. 14 - Apr. 17

City of August Childcare

Free for the general public, Ages 16-24

**Computer Lab****with Kenlyn Clark**

This lab time is for community members who have questions about the functioning of their computers or smartphones and want some coaching. This is also a lab time for students to work on their courses.

Tuesdays &amp; Thursdays, 2:30-4:30 pm

Jan. 14 - May 8

AACE, Room 10

\$40 for the general public

**Microsoft Excel****with Kenlyn Clark**

Learn how to get the most out of Microsoft Excel 2016. Students will learn how to create formulas and use the many built-in functions of Excel. They will also learn how to format worksheets, create and edit charts, analyze data using formulas, manage and analyze data using tables, automate worksheet tasks, enhance charts, perform What-if analyses, and create PivotTables.

Mondays &amp; Wednesdays, 3:30-4:30 pm

Jan. 13 - May 7

AACE, Room 10

\$40 for the general public

**Microsoft Word****with Kenlyn Clark**

Learn how to exploit all of the features of Microsoft Word 2016 to make your documents amazing. Students will learn to add tables, format text, create templates, add references, create graphics, build forms, and more.

Mondays &amp; Wednesdays, 3:30-4:30 pm

Jan. 13 - May 7

AACE, Room 10

\$40 for the general public

**Outdoor Education**

**with Kelli Gilzow Stowell**

Winter outdoor education embraces the magic of Maine winters. Snowshoe, nature journaling, GPS/geocache, and foraging basics through various Augusta city parks. Academic students only.

ELL

**ELL Basic**

**with Eleanor Lunt**

Start your English learning journey with our ELL Basic class! This course is designed for beginners, offering a solid foundation in essential language skills. Through interactive lessons and activities, you'll learn fundamental vocabulary, grammar structures, and everyday expressions to confidently communicate in English.

**ELL Beginner**

**with Tracy Weber**

This course is designed for learners at the Beginner level. Students will learn the basics of English grammar and the language needed for daily life (money, food, shopping, work, housing).

**ELL Low Intermediate**

**with Tracy Weber**

Students in this class will improve their conversation ability by increasing their vocabulary, learning basic verb tenses, asking questions, and working on pronunciation and fluency.

**Why was my class cancelled?**

Classes are cancelled a few days before the start date if there are not enough registrants to run the class. Register early to help keep classes running.

**ELL Intermediate/Advanced**

**with Eleanor Lunt**

Students in this class will improve their fluency in all four skills: listening, speaking, reading, and writing. The class will focus on increasing the students' command of academic vocabulary and strengthening their grammatical skills.

*Adult Education offers a wealth of benefits, both tangible and intangible. Here are some advantages that individuals reap through lifelong learning:*

**1. Improved Employability:**

One of the most evident benefits of it is the enhancement of employability. It equips individuals with the skills, certifications, and knowledge required to thrive in today's job market.

**2. Expanded Career Opportunities:**

Adult education opens doors to new career opportunities. Whether through career switches or advancements within one's current field, it broadens horizons.

**3. Increased Earning Potential:**

With additional qualifications and skills acquired through this, individuals often enjoy a higher earning potential, leading to improved financial stability.

**4. Enhanced Problem-Solving Skills:**

As adults engage in learning, they sharpen their problem-solving skills and become more adept at handling challenges, both in the workplace and in their personal lives.

**5. Confidence Boost:**

Gaining new knowledge and skills instills confidence. This newfound self-assurance often translates into more assertive decision-making and a positive self-image.

*Mr. Business*

Follow us on Instagram: [instagram.com/augustaadultcommunityeducation](https://www.instagram.com/augustaadultcommunityeducation)





## MAINE COLLEGE & CAREER ACCESS PROGRAM

*Maine College and Career Access Program (MCCA) is a state funded grant program designed to assist those seeking a post-secondary training or enrollment to further their career pathway.*

### College Success Skills

This course covers time management, organization, note-taking, test-taking, etc.

Uncertain of the steps for getting into KVCC? Are you already enrolled but in need of help choosing classes, building study skills, or planning for life after graduation? Call KVCC College & Career Success Coordinator, Carolyn Haskell, at (207) 453-3502 to schedule an appointment. Carolyn is also available to meet here at AACE by appointment.

### FAME Workshops (Online)

FAME is offering several web-based workshops this semester. All workshops will be offered via Zoom and will be free of charge. If you have questions about these workshops, *Michelle Radley at MRadley@FAMEmaine.com.*

- Adulting 101: For the Love of Money - Feb. 12, 6:30 pm
- Successful Scholarship Searches and Applications - Feb. 26, 7:00 pm
- Planning and Paying for College - Mar. 5, 6:00 pm
- Adulting 102: Money Grows - Mar. 19, 6:30 pm
- Spring Into College Savings: The Alford Grant and Maine's College Savings Program - Apr. 2, 7:00 pm
- Student Loan Repayment Strategies and Pro Tips - May 7, 6:00 pm
- Putting the Literacy in Financial Literacy: Book Club with FAME - Feb. 2 & 18, Mar. 4 & 18, Apr., 1, 6:00 pm - 7:00 pm.

## WORKFORCE TRAINING

### Behavioral Health Profession Certification Online Training

On behalf of Maine's children with special needs and their families, we'd like to thank you for your interest in becoming a Certified Behavioral Health Professional (BHP)! Children's Behavioral Health Services are vital to these children and their families and the need is great. As an integral part of the child's treatment team, a BHP has the opportunity to make an immediate impact while helping a child grow and develop to their full potential.

Training Components will be for Home and Community Based, section 65.

If you are looking to be in a school setting, an Ed Tech Certification 3 is required.

- 12 Self-Paced Online Modules, to be completed by June 30, 2025.
- Eight-hour, live session (offered in person and virtually)
- OSHA Bloodborne Pathogen Training
- CPR & First Aid

*continued on page 10*

**Prerequisites**

- High School Diploma or Equivalency
- 18+ years old at the time of completion
- CASAS Reading & Comprehension Assessment\* provided by Augusta Adult and Community Education

This is the only training provider designated through DHHS to offer the certification in Maine. You will need to pass a background check, but that is completed after the completion of the training, as part of your application during the hiring process.

Please call 207-626-2470 to schedule a CASAS assessment and for more information.

**CNA - Maine Veterans' Home**

Maine Veterans' Home, in collaboration with Augusta Adult and Community Education and the Maine Community College System, is offering a FREE ten-week, state-approved CNA training program.

This course is hosted by Maine Veterans' Homes in Augusta at their state-of-the-art facility at 35 Heroes Way, Augusta, Maine. Join us for this exciting opportunity to learn the art of caregiving in a holistic healthcare model and give back to our Honored Veterans, their spouses, and Gold Star family members.

**Program Highlights:**

- Taught by a first-rate Registered Nurse with years of experience, successfully delivering an in-depth program with proven results.
- Earn to Learn opportunities for qualifying applicants
- Sponsored by the Maine Apprenticeship Program

**Training Components:**

- Includes the state-required curriculum of 70 hours in the classroom, 20 hours of essential skill labs, and 40 hours of clinical training.

**Prerequisites:**

- Adult Education Intake Paperwork
- CASAS Reading & Comprehension Assessment
- Updated Immunization Records

**CNA-M (Med Tech) Maine Veterans' Home**

Maine Veterans' Homes in collaboration with Augusta Adult and Community Education is offering a state-approved CNA-M (Med Tech) program. This is a sixteen-week training program. The cost of this course is \$1,400.00

This course is hosted by Maine Veterans' Homes in Augusta at their state-of-the-art facility at 35 Heroes Way, Augusta, Maine. Join us for this exciting opportunity to advance your career from a CNA to a CNA-M. CNA-M's perform all the functions of a CNA plus provide administration of medication under the supervision of a licensed nurse.

**Program Highlights:**

- Taught by a first-rate Registered Nurse with years of experience, successfully delivering an in-depth program with proven results.



### Training Components:

- Includes the state-required curriculum of 60 hours in the classroom, 20 hours of essential skill labs, and 40 hours of clinical training.



### Prerequisites:

- Adult Education Intake Paperwork
- CASAS Reading & Comprehension Assessment
- Updated Immunization Records

Call Augusta Adult & Community Education at 207-626-2470 for more information.

## Correction Officer Training - Kennebec County Sheriff's Office Corrections Division

Kennebec County Correctional Facility, in collaboration with Augusta Adult and Community Education is offering a FREE five-week, Correction Officer training program.

This course is hosted by Kennebec County Correctional Facility at 115 State St., Augusta, Maine. Join us for this exciting opportunity to learn about corrections.

### Program Highlights:

- Taught by multiple first-rate correctional officers with years of experience successfully delivering an in-depth program with proven results
- Earn to Learn opportunities for qualifying applicants

### Training Components:

- Orientation
- Practical Training



### Prerequisites:

- High school diploma or equivalency
- Adult Education Intake Paperwork
- CASAS Reading & Comprehension Assessment
- Application and Interview

Call Augusta Adult & Community Education at 207-626-2470 for more information.

## RiseUP

NRF Foundation credential will be earned in Customer Service and Sales; Business of Retail; Warehouse Inventory. Discover the value of quality customer service. Learn to improve your knowledge of different types of customers' needs. Master effective communication skills. Design a sales plan and apply effective upselling strategies. Acquire advanced retail skills. This online class is self-paced and meets Thursdays, 1:00-3:00 p.m.

Please call 207-626-2470 to schedule a CASAS assessment and for more information.

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## WorkReady

WorkReady is a 60-hour program that develops seven standards associated with soft skills and work readiness. We have partnered with Augusta CareerCenter and the National Retail Foundation to identify and work towards specific workforce pathway components including resume writing, interviewing, and portfolio completion.

This class is offered in person with assignments to be completed online. Class meets Tuesdays from 9:30-11:00 a.m.

Please call 207-626-2470 to schedule a CASAS assessment and for more information.

## ARTS & CRAFTS

### Card-Making Workshops

Make four handmade cards and learn new techniques and fun folds. All embellishments and envelopes are included. You will go home with instructions for the cards you made in class. With every class is a special door prize.

Tuesday, 6:00-8:00 pm

**Mar. 11**

and/or

**Apr. 15**

and/or

**May 13**

AACE, Room 15

\$25, Lorna Plourde

### Carve a Canoe Paddle

Starting with a 6 ft. 1x6 board of green hemlock, you will carve a Wabenaki inspired canoe paddle. You will mark layout lines and then remove waste wood with a low angle block plane and spokeshave; a jack plane, a ½" – ¾" chisel, and chip carving knife, or a drawknife would be useful but not essential. If you do not have a low angle block plane and spokeshave, Home Depot sells Stanley versions at \$36 and \$22. These tools are not mandatory. Call our office if you have any questions. Sharpen all cutting tools well. You will also need a notebook, carpenter's pencil, or an ultra-fine Sharpie, two to four 4" or 6" clamps, and one standard height sawhorse. We will make an heir-



loom-quality paddle for your summer fun or for an amazing gift. (A new paddle from Shaw and Tenney costs about \$300). A \$30 materials fee is payable to the instructor at the first class.

Wednesdays, 5:00-8:00 pm

Feb. 26 - Mar. 5

AACE, Room 8

\$48, James Hsiang

### Traditional Chair Caning



Do you have a chair in need of caning? Have you always wanted to know how to do it yourself? Join Robin to learn how. The result will be a beautiful chair you can be proud of.

Students will need to email the instructor with the size of the chair with measurements of distance between holes. This allows her to know what size and length of material you will need for your chair. She will need this information two weeks prior (Mar. 18) to the start of class so she can order the appropriate materials. Robin will teach several steps in class. She will then give instructions for you to do at home. A five page booklet will be provided. She will also give support through email. A supply list will be included on your registration receipt. No Class Apr. 22.

Tuesdays, 6:00-8:00 pm

Apr. 1 - May 6

AACE, Room TBD

\$55, Robin Spencer

**Try the Potter's Wheel  
One Day Class (2 hrs)**



Have you ever wanted to try the potter's wheel? Sign up for our two hour "Try-It Night". With the help of a teaching artist and some clay, you'll be shown how to center and pull the clay up to make a vessel. Great for families and friends! Bring an apron, trim those fingernails, pull your long hair back, and dress for a mess!

This class includes a two-hour session and one or two finished pieces. Depends on how you do! If you make more than two and love all the lumpy children equally and want to keep them, each additional piece is \$10.

Finished work will be ready for pick-up after 4-6 weeks during regular class times or by appt. Usually, pieces are ready mid-month the month following your class date. **This class requires a 48-hour advance notice for cancellations.**

Kennebec Clay Works is operated by Ceramic Artist and Educator, Malley Weber. KCW has many great instructors. For more information please visit [www.KennebecClay.com](http://www.KennebecClay.com)

Sunday, 12:00-2:00 pm

**Mar. 16**

and/or

**April 13**

and/or

**May 18**

Kennebec Clay Works

133 Mt. Vernon Ave, Augusta

\$75, Instructor TBD

**COMPUTERS & TECHNOLOGY**

**Basic Accounting Principles and Quickbooks (Online)**

Val is a lifelong business educator with

over 45 years teaching experience in accounting and Quickbooks training workshops.

During these three sessions, you will learn basic accounting principles and how to apply them to setting up QuickBooks online for a small business or organization. For this course you will attend the class and also do 2-3 hours of work between sessions. For this workshop, you have the option to receive a yearlong subscription to QB online. Upon registration you will receive a survey which will provide information about this opportunity and allow the instructor to tailor the course to meet your needs. This is a live online class using ZOOM. For more information contact:

[adultedinfo@ellsworthschools.org](mailto:adultedinfo@ellsworthschools.org).

Tuesdays, 8:30-11:30 am

Feb. 4 - 18

Via Zoom

\$89, Val Landry

**Conquer Your Photos App:  
Edit Your Images (Online)**

Over exposed image? No problem, adjust the exposure in editing mode. Wish your photo could be black and white instead of color? Choose a filter and change the ambiance of your image. Does the main object of your picture seem lost among extraneous details? Use the cropping feature to focus your viewer's eye on the most important part of the image. These examples are just a few of the many ways you can turn an average image into something special. Have fun editing your pictures with the many options in your Mac's Photos app.

Jan. 13 - June 6

Online

\$45, Ed Brazee, BoomerTECH

## Conquer Your Photos App Chaos: Tame Your Mac Images (Online)

Many people have 1000 or more images stored in their Mac desktop/laptop Photos App. Frustration sets in when one tries to locate a picture or video among the saved images. Understanding the built-in organization of the Mac Photos app is the first thing you will learn in this course. Next, organizing your images and video into albums and folders to develop your own management system. You will also learn how to tag people in photos and create shared albums that you can invite friends and family to view.

Jan. 13 - June 6

Online

\$45, Ed Brazee, BoomerTECH



## Fantastic Photo Finishes: Organize & Edit Images with Your iPhone/iPad Photos App (Online)

This course is a step-by-step guide to organizing and editing images in your Photos App. It has easy-to-follow instructional videos that demonstrate how to use your iPhone/iPad Photos App. This course is not to make you a professional photo editor, but will teach you how to edit your photos. You will learn to navigate the Photos App, using the four major tabs - Library (or Photos), For You, Albums, and Search. You will also learn to edit photos, create slideshows with your images, use the search feature to find photos, and use editing apps. The course package contains: Tips for Getting Started, summaries of the instructional videos, and a list of all course resources.

Jan. 13 - June 6

Online

\$45, Jill Spencer, BoomerTECH

## Introduction to iPhone Basics (Online)

The vast majority of iPhone users rarely access all of the available iPhone features. In this course, learn to use your iPhone to the best possible advantage. Some critical features covered include Apple ID and password; structure of the iPhone (buttons and how they work); best apps to have and how to get them; how to text, phone, FaceTime, and email; how to use the Control Center; mastering Settings; updating operating systems; using key apps; and more. An additional session includes iOS updates and the unique features of the newest iPhones.

Jan. 13 - June 6

Online

\$45, Ed Brazee, BoomerTECH

## COOKING

### Cooking Adventures (Online)

In this course you will learn how to prepare several tasty stir-fries using traditional Chinese flavorings, make fresh pasta, turn leftover sweet potato into gnocchi, stir up great fried rice, and give ramen soup a delicious upgrade.

In addition, discover an easy way to make your own pita pockets, flat breads, and tortillas. Plus, you will see a way to combine the benefits of cooking on cast iron with your love of grilling.

We haven't forgotten dessert! Who can resist a delectable chocolate brownie torte or apple pie?

Jan. 13 - June 6

Online

\$45, Chris Toy, BoomerTECH

## Cooking Matters

The Cooking Matters Maine program provides Mainers with hands-on cooking and nutrition classes led by volunteer chefs and nutritionists.

Learn ways to shop, cook, and eat healthy on a budget in this FREE six-week class series. The Cooking Matters for Adults course provides hands-on cooking and education led by a local nutrition educator. Each class provides additional home groceries to make a recipe at home.

Wednesdays, 5:00-7:00 pm

Apr. 30 - June 4

AACE, Room 9

Free, Courtney Whitney, SNAP-Ed nutrition educator with Healthy Communities of the Capital Area

## Fearless Foodies Cooking Class Parties® (Online)



Have fun learning to save money, time, and calories while dishing up delicious, healthy, food. Whether skilled culinary artists - or a family member who's starting to cook - there's something for everyone in these engaging, livestream kitchen adventures. Experience heaps of tips and techniques with lots of laughs. . . and come away having our standout meals, and recipes to share and cherish.

I designed this lively series of cooking class events for GF/vegans/vegetarians/ and omnivores alike. Without added processed sugar, excessive sodium, gluten, or chemicals. Fearless Foodies® use leftovers, pantry, and everyday ingredients while scattering everything (when possible) with fresh, local, organic and homegrown ingredients for countless, powerful benefits and superior taste. Oh! But we still Save! So follow me. . .

Your receipt will give you a list of needed items to purchase for the recipes to be

prepared. Anticipated cost of \$15.

Pat has been a lifelong healthy gourmet chef and organic gardener, Producer of *LifeRecipeMagazine.com*, and your host at *Fearless-Foodies.com* cooking class parties.

Thursday, 6:00-7:00 pm

**Feb. 27 - Seven-Layer Turkey (or Vegetarian) Lasagne**

and/or

**Mar. 20 - Moroccan-Inspired Big Wrap**

and/or

**Apr. 17 - Rainbow Zen Bowl**

and/or

**May 22 - Upscale Tuna (or Chicken) Mé-lange**

Online - Interactive/Real-time

\$52, Pat Friedman

## FAMILY LIFE

### Cooperative Parenting (Online)

This video and discussion-based program gives parents the power to make positive changes that shield their children from parental conflict, and guides them into establishing a long term relationship of healthy communication with the child's other parent or caregivers. No class Feb. 17.

Mondays, 5:00-7:00 pm

Jan. 27 - Mar. 24

Online Via Zoom

Free, Emily Buckhalter, KVCAP



## Family Literacy - StoryTime Adventures

Weekly StoryTime Adventures are curated to include fitness, well-being, and the importance of your imagination in the outdoors. Registration includes a copy of the month's chosen storybook. A comprehensive craft to accompany the book, along with a take home and follow-up for parent/guardians to continue the discussions from our Adventure together.

Morning sessions are ideal for parent/guardians of children birth to 4 years.

Mondays, 10:30-11:15 am

**Jan. 27 - Feb. 10** (Snowshoes/Sleds, weather permitting)

**Feb. 24 - Mar. 10** (Outdoors, weather permitting)

**Apr. 7 - Apr. 28** no class Apr. 21 (Outdoors, weather permitting)

**May 5 - May 19** (Outdoors, weather permitting)

AACE, Outdoors/ Room 9

Free, Kelli Gilzow Stowell

## Foster Care/Adoption Q & A Sessions (Online)

Join the **A Family for ME** program for a live, virtual conversation about becoming a foster/adoptive parent in Maine. Recruitment Specialists will answer your questions about the different ways to provide care for infants, teens, and siblings. If you've ever considered foster care or adoption, this is a great opportunity to learn more and get your questions answered! Learn more about the licensing process. Explore the various ways to support youth and provide care, including respite care. Discover ways to support foster families.

2nd Monday of every month

12:00-1:00 pm and/or 6:00-7:00 pm

Free

Register directly: <https://www.tickettailor.com/events/afamilyforme>

## Literacy Volunteers Tutor Orientation & Training

Literacy Volunteer Tutor Orientation provides an overview of Literacy Volunteers of Kennebec structure and organization, the variety of learners served, and the roles and responsibilities of tutors and other volunteers. The Tutor Training provides basic instruction in adult learning principles and strategies for teaching adults in one-on-one situations. The areas of basic reading and writing, English Language Learning, health and financial literacy, digital literacy, and employment skills are reviewed. Participants will practice skills and meet experienced tutors. A resource manual, Tutor Eight Edition, and other resource materials are provided.

Tuesdays, 5:30-7:30 pm

Apr. 8 - 22

12 Spruce Street, Suite 4, Augusta

Free, Virginia Marriner

## FINANCE

### Elder Law, Estate and Long-Term Care Planning for Any Age

Designed for students of all ages, this class thoroughly explains how to effectively plan for the future, ensuring peace of mind and financial security. Discussion will include the key elements of estate planning, retirement planning, advance directives, various options and strategies for paying for long-term care, and how to pass your assets outside the probate process. Attorney Mark Nale and Attorney Matthew Nale will also be available after class to answer questions. Mark Nale, Esq. and Matthew Nale, Esq. are members of the National Academy of Elder



Law Attorneys (NAELA), and the Maine State Bar Association (Elder Law Section, and Trusts & Estates Section) The fee helps cover administrative costs at AACE.

Wednesday, 6:00-8:00 pm

Mar. 12

AACE, Room 8

\$6, Mark Nale and Matthew Nale

## How Money Works

Do you want to eliminate debt? Stop living paycheck to paycheck? Take full control of your finances? Join us to learn how implementing a customized strategy can transform you relationship with money! The fee helps cover administrative costs at AACE.

Tuesday, 6:00-7:30 pm

Mar. 18

AACE, Room 10

\$6, Sarah Blondin

## Introduction to the Gig Economy



This course will go over the basics of the gig economy and how to use gig economy apps to supplement your income. We will start with household names such as Doordash, Spark, and Instacart and eventually go over at home opportunities in the gig economy. Other apps that we will go over are Grubhub, Uber Eats, Field Agent, Best Mark, Shipt, Carvertise, Mobilads, Wrapify, Respondent Survey, Swagbucks, Survey Junkie, and User Testing. We will go over metrics such as acceptance rate, completion rate, and dollars per mile. We will go over different types of income and what it generally takes to pay the rent when you work in the gig economy.

Michael Cormier has performed over 3,000 deliveries in the gig economy and has worked for over seven gig economy

apps. Mike got his start with Doordash in October of 2021 and now exclusively works in the gig economy.

Monday, 6:00-7:30 pm

**Mar. 3, In-Person**

AACE, Room 12

and/or

Wednesday, 6:00-7:30 pm

**Mar. 12, Online**

via Zoom

\$7, Michael Cormier

## Invest for Success

Is your money working as hard for you as you do for it? Are you confident in your current investment strategy? Whether you are brand new to investing or a seasoned investor, join us to learn the power of compounding interest, managing risk, and strategically investing to reach your goals. The fee helps cover administrative costs at AACE.

Tuesday, 6:00-7:30 pm

Apr. 1

AACE, Room 10

\$6, Sarah Blondin

## GARDENING

### AACE Community Gardening

AACE Community Gardening includes participants, 16 years and older, with the tools and understanding needed to embrace the joys of gardening. Small plots with a variety of annuals, perennials, and pollinators. Community Partner, UMaine 4H Cooperative Extension will come share with us a series of soil and seedling workshops in preparation for a fruitful season of Gardening. Our Community Garden's goal is to promote spring wellness, and outdoor education and develop a love for lifelong learning. No class Mar. 14.

*continued on page 18*

**Soil, Seeds, and Springtime**

Fridays, 10:30 am-12:00 pm

Feb. 28 - Apr. 11

**Planting and Maintenance**

Tuesdays, 10:30 am-12:00 pm

Apr. 29 - June 17

Buker Center Community Gardens

\$25, Kelli Gilzow Stowell

HEALTH & FITNESS

**Flexible and Mobile Class**

Do you wake up in the morning with tight/stiff muscles? Do you experience low back pain and decreased mobility in your hips, shoulders, and neck? You know you need to stretch but you're not quite sure what to? If you have answered yes to any of the above, this 45-minute total body stretch class is what you need. It will leave you feeling taller, more limber, and ready to start your day!

Thursdays, 9:00-9:45 am

**Feb. 27 - Mar. 27**

and/or

**Apr. 3 - May 1**

and/or

**May 8 - June 5**

Sky High Studio, 23 Leighton Rd., Augusta

\$70, Deidre Hutchins



**Fun, Fit, and Fabulous Fitness Class**

Feeling tired, off balance, or having a difficult time getting up and down? This 45-minute fitness class is the answer to help you feel both emotionally and phys-

ically younger and stronger! Reenergize yourself in this welcoming, spacious, and uplifting environment. This class will enhance your overall wellbeing by improving brain function and helping you to regain youthful energy. Stretch, stabilize, and strengthen your way to the best version of you. Let us jump start your day with positive and inspirational energy; guaranteed to put a smile on your face. Join us!

Mondays and Wednesdays, 9:00-9:45 am

**Mar. 31 - Apr. 30**

and/or

**May 5 - June 4**

Sky High Studio, 23 Leighton Rd., Augusta

\$110, Deidre Hutchins



**How to Lose Belly Fat (Online)**

This online course will help women in midlife focus their diet and exercise in order to lose inches from their waistline by summer. I will show you step by step what I did to lose 6 inches from my belly.

Becky Longacre is a nurse gone health coach with a specialty in weight loss from the National Academy of Sports Medicine. She uses her own health journey to empathize and lead clients to better health and life satisfaction through happy, healthy, sustainable weight loss and empowered decision-making.

Thursday, 6:00-7:00 pm

May 29

Online

\$30, Becky Longacre, Health Coach



**How to Lose 20 Pounds in 20 Weeks (Online)**

This online course will teach women in midlife it is possible and even probable to lose weight by summer with a strategy. Step-by-step guidance is given to the

students to get them started.

Becky Longacre is a nurse gone health coach with a specialty in weight loss from the National Academy of Sports Medicine. She uses her own health journey to empathize and lead clients to better health and life satisfaction through happy, healthy, sustainable weight loss and empowered decision-making.

Thursday, 6:00-7:00 pm

May 8

Online

\$30, Becky Longacre, Health Coach



## Martial Arts in Mid-Life

Mid-life is the perfect time to reconnect with yourself, try something new and exercise in ways that support coordination, strength, flexibility and mental fortitude. In this series, learn about Goju Ryu Karate, a form of functional martial arts training that involves basic techniques, self-defense patterns and breathwork. Have fun and feel empowered. No experience necessary.

Mondays, 6:15-7:20 pm

Feb. 3 - 24

Martial Arts Institute,

23 Leighton Rd., Augusta

\$55, Hollie Webb

## Saturday Step Class

It's back! 45 minutes of non-stop low-impact cardio on the step. It's a great way to start your weekend! All you need to bring is water and lots of energy.

Saturdays, 9:00-9:45 am

Mar. 1 - Mar. 29

and/or

Apr. 5 - May 3

and/or

May 10 - June 7

Sky High Studio, 23 Leighton Rd., Augusta

\$70, Deidre Hutchins

## Strong and Fit Class

Do you want to take your fitness to the next level? This 45-minute heart pumping, non-stop workout is guaranteed to strengthen your core, increase your endurance, and improve your mental state. Engage in resistance training using dumbbells, bands, foam rollers, fit balls, medicine balls, kettle bells and more; in a spacious and welcoming environment. Plank, push-up, and squat your way to a new and improved you. Increase your energy, challenge yourself, de-stress from work, and rise to the occasion in this high-energy atmosphere. This will be the best 45 minutes of your day.

Tuesdays & Thursdays, 5:00-5:45 pm

Feb. 25 - Mar. 27

and/or

Apr. 1 - May 1

and/or

May 6 - June 5

Sky High Studio, 23 Leighton Rd., Augusta

\$110, Deidre Hutchins



## Walk Off 20 Pounds by Summer (Online)

This online course gets you up to walk off your extra body by summer! You do not need to run a marathon to have successful weight loss! I will show you how a little extra movement per day will have tremendous weight loss benefits for you.

Becky Longacre is a nurse gone health coach with a specialty in weight loss from the National Academy of Sports Medicine. She uses her own health journey to empathize and lead clients to better health and life satisfaction through happy, healthy, sustainable weight loss and empowered decision-making.

Thursday, 6:00-7:00 pm

May 22

Online

\$30, Becky Longacre, Health Coach

## What to Eat to Lose Weight (Online)

NEW!

This online course will teach women in midlife some basic nutrition tricks that will help them boost their metabolism to lose weight by summer. Simple and understandable guidance is given to get them started.

Becky Longacre is a nurse gone health coach with a specialty in weight loss from the National Academy of Sports Medicine. She uses her own health journey to empathize and lead clients to better health and life satisfaction through happy, healthy, sustainable weight loss and empowered decision-making.

Thursday, 6:00-7:00 pm

May 15

Online

\$30, Becky Longacre, Health Coach

### MISCELLANEOUS

## A Home for the Rest of Us

This seminar helps residential building contractors, owner-builders, or individuals planning to have a home built save on construction and future energy costs by reducing the costs of time and materials through functional integration of necessary building performance requirements and design choices. The goal is to have the highest-performing home at the lowest price. Questions are welcome during the presentation to clarify methods and logic. Overall effects on financial impacts are also discussed. The fee helps to cover administrative costs at AACE.

Wednesday, 6:00-8:30 pm

Apr. 16

AACE, Room 13

\$6, Tom Fullam

## How to Make an Owner's Manual for Your House

NEW!

All large purchases come with an owner's manual, so what about your house? In this class we'll learn the steps to create an owner's manual for your house, including the mechanical systems, maintenance schedules, interior & exterior surfaces, etc., all organized into a binder with photos. Learn about your home and how to keep it running it top condition!

Colin McCullough is the owner of All-Around Home Performance. He is a BPI-certified building science trainer/proctor teaching at SMCC and KVCC.

Tuesday, 6:00-8:00 pm

Mar. 11

and/or

Apr. 15

and/or

May 13

and/or

June 10

AACE, Room 9

\$35, Colin McCullough

## Introduction to Voiceovers via Zoom (Online)

Do you have a passion for voiceovers? Want to earn income using your talents from the comfort of your home? Explore the fun, rewarding possibilities of the growing remote voiceover industry! Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later

in a follow up call. One-time, 90-minute, introductory class. 18 and over.

Learn more at [www.voicesforall.com/000](http://www.voicesforall.com/000).

Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Jan. 13 - June 13 (Open Enrollment)  
Via Zoom  
\$49, Alicia Midgley

## Maine Driving Dynamics

The Maine Driving Dynamics course is a driver improvement course that is designed to improve a student's defensive driving awareness.

This five-hour course includes a discussion of collision avoidance techniques, safety issues, driver habits and attitudes, and the basic elements that constantly challenge drivers on Maine's highways. You must attend both classes to receive credit.

Tuesday & Thursday 6:00-8:30 pm  
Apr. 8 & 10  
AACE, Room 9  
\$75, ME Department of Motor Vehicles

## Medical Terminology (Online)

This proven instructional program teaches you how to easily remember and apply the meaning of 250 roots & suffixes that combine to form knowledge of over 11,000 complex medical terms. The **Dean Vaughn Total Retention System™** is the fastest and most effective method to learn medical terminology! It works in conjunction with the natural learning process of the brain by converting abstract medical elements into images of real and familiar objects - and then associating those images with the subject

in such a way that it is incredibly easy to learn and remember.

Once registered Kandy will send you a link to the site and will mail your workbook to you. The class is available online anytime for one full year.

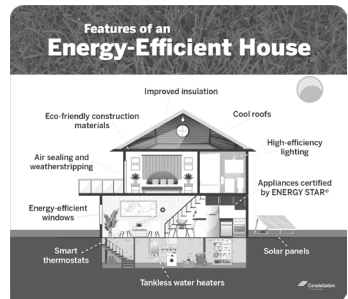
Online  
\$185 (includes \$20 book fee),  
Kandy Siahaya

## Put Your House on an Energy Diet

How do you reduce heating costs while making your house more comfortable? Learn tips & tricks from an independent home energy auditor – bring your questions about insulation, heat pumps, solar panels, etc. as we learn about common home issues and ways to save on energy bills!

Colin McCullough is the owner of All-Around Home Performance . He is a BPI-certified building science trainer/proctor teaching at SMCC and KVCC.

Wednesday, 6:00-8:00 pm  
**Mar. 12**  
and/or  
**Apr. 15**  
and/or  
**May 14**  
and/or  
**June 11**  
AACE, Room 12  
\$35, Colin McCullough



**Substitute Teacher Training**

You will receive Augusta School Department's Substitute Teacher Training.

In this course you will learn:

- 1) Substitute policies and procedures
- 2) Substitute pay rates and payment procedures
- 3) Expectations in your role as a sub
- 4) Classroom management and tips for success
- 5) Information about each school in the district

Thursday, 5:00-7:30 pm

**Feb. 13**

or

**Apr. 17**

AACE, Room 9

Free, Kelli Gilzow, Stowell, AACE Program Coordinator

**MUSIC**

**How to Play by Ear (Online)**


Learn one of music's deepest mysteries: how to play songs without relying on music. A practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing—all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords. Expand your musical horizons, and free yourself from sheet-music dependence, and be the life of the party! Prior experience with chords recommended. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session. Class is held online using zoom.

Saturday, 10:00 am- 12:30 pm

May 10

Via Zoom

\$69, Craig Coffman

22

**Instant Guitar for Hopelessly Busy People (Online)**

This interactive crash course will teach you some basic chords and get you to play along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. Ages 13+

Tuesday, 6:30-9:00 pm

Apr. 1

Via Zoom

\$69, Craig Coffman

**Instant Piano for Hopelessly Busy People (Online)**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. Ages 13+

Monday, 6:30-9:30 pm

Mar. 31

Via Zoom

\$69, Craig Coffman

**OUTDOOR LIFE**

**Hooked on Fishing, Not on Drugs Volunteer Program**

Volunteers learn the basics of ice-fishing, knowledge of fish and their habitat, and use the foundations of the HOFNOD curriculum to encourage others to choose

## SELF HELP

fishing over drugs. CPR/FA and water-saving techniques are taught as part of this comprehensive training program. Participant Volunteers will host an afternoon of ice-fishing, scheduled tentatively for Tuesday, February 18, 2025.

Tuesdays, 4:30-6:00 pm  
 Jan. 14 - Feb. 25  
 AACE, Room 9  
 \$25, Kelli Gilzow Stowell

### Seeking Spring on Snowshoes



Snowshoe/hike to embrace the magic of Maine winters through various Augusta city parks. Our adventures include foraging basics and GPS/geocache expeditions that invite imagination. Snowshoes are provided on a First Come First Serve basis. Transportation is not provided to hiking locations.

Tuesdays, 10:30-12:00 pm  
 Mar. 4 - Apr. 8  
 Augusta City Parks  
 \$10, Kelli Gilzow Stowell

### Snowshoe and Self-Expression



Snowshoe to embrace the magic of Maine winters through various Augusta city parks. Our adventures include nature journaling with prompts that spark self-expression. Snowshoes are provided on a First Come First Serve basis. Transportation is not provided to hiking locations.

Tuesdays, 10:30-12:00 pm  
 Jan. 14 - Feb. 11  
 Augusta City Parks  
 \$10, Kelli Gilzow Stowell

### Best Clothing & Makeup Colors for Your Coloring

Is your closet full of black-colored clothing? Would you like to learn what other colors look good on you? In this fun interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for eye shadows, blush and lipsticks for your coloring so you can put the two together to create a more vibrant you!

Thursday, 5:30-8:30 pm  
 Feb. 27  
 AACE, Room 15  
 \$35, Candace Sanborn, Radiant Image



### How to Dress for Your Body Shape

Learn simple techniques to create the illusion of a slimmer body or more curves! Dressing for illusion is about learning how to wear color, clothing styles and embellishments to trick the eye into seeing something different on the body than is really there, such as slimmer hips, a flatter stomach, more curves, or a taller, leaner figure. Learn simple techniques to help you look your best!

Thursday, 5:30-7:30 pm  
 Apr. 3  
 AACE, Room 15  
 \$35, Candace Sanborn, Radiant Image

## Makeup Techniques for Your Features

Do you avoid wearing makeup because you don't like looking "made up"? Have your features changed with time and you're not sure what to do? Come learn easy makeup tips that give you an enhanced, natural appearance! Together with the instructor, you'll identify your face, eye and lip shapes then we'll teach you makeup application techniques to enhance your features. **STUDENTS ARE REQUIRED TO BRING MAKEUP TO APPLY DURING CLASS ALONG WITH A SMALL MIRROR.**

Tuesday, 5:30-8:30 pm

May 6

AACE, Room 15

\$35, Candace Sanborn, Radiant Image

## Training the Good Samaritan: An Introduction to Harm Reduction and Overdose Response

MaineGeneral's Harm Reduction Program leads training and conversation on Overdose Response and Narcan Administration. The presentation will begin by discussing what harm reduction means, and what opioids are, before identifying what an opioid overdose looks like. The training will then discuss steps for responding to an overdose, and close with a conversation about the Good Samaritan Law. Attendees are invited to ask any questions and/or share experiences throughout.

Every attendee will be offered a Narcan kit in addition to educational materials to leave the class with. <https://www.maine-general.org/about-us/community-health/harm-reduction/>

Tuesday, 6:00-7:00 pm

Mar. 11

or

Apr. 8

or

May 13

AACE, Room 10

Free, Lauren Hunt

### TRAVEL

## Acadian Arts Asian Fusion Cooking or Watercolor Painting Retreats

Chris Toy, author of six popular cookbooks and private chef, has taught Asian-fusion cooking for many years. Cooking students will learn how to prepare a variety of recipes from Asia, Europe, and the Americas incorporating traditional and local ingredients. Each meal will actively engage cooks with the tools, techniques, and stories behind the dishes being created.

Mary Laury, accomplished watercolorist and highly esteemed teacher, encourages students to believe they can be successful. Painting is an exciting medium; it flows and moves and does beautiful things. If you have never painted in watercolors, we will start at the beginning. If you have painted before, you will pick up some new tips and tricks as well. We all learn together!

### Acadian Arts at Harbor View House, Prospect Harbor, Maine, Apr. 11-14

Escape to a Victorian Inn, the Harbor View House in Prospect Harbor on the coast of Maine, with an intimate group of artists, cooks, and creatives! All meals are included in the workshop fee plus special activities to extend your learning from the day's workshops, including a private house concert by Grammy-baloted singer-songwriter, storyteller, and



author Gordan Ward.

For more information about the workshop, call Mary at 207-632-2251. To book your stay at the inn call 207-963-9122 or visit <https://harborviewhousellc.com/>.

Apr. 11 - Apr. 14

Harbor View House, Prospect Harbor  
\$595, with Chris Toy  
or  
\$595, with Mary Laury

## Acadian Arts at Roosevelt Campobello International Park, New Brunswick, Canada

Step back to a time when President Franklin Roosevelt, Eleanor, and their family escaped to their “beautiful little island” in the Canadian Maritimes, Campobello Island. We will be exclusive guests of the international park, staying in historic Victorian cottages. All meals are included in the workshop fee as well as specially planned optional evening activities designed to extend your learning from the day’s workshops, including a private concert by award-winning Celtic Fiddle player, Katherine Moller, and A Special Program in October, for Indigenous People’s Day weekend, an evening program about Native American Basketry by Catherine Hunter, in the Victorian parlor of Hubbard House. Register for the retreat then call Sherry Mitchell at 506-752-2922 to make room reservations.

June 20-23

Campobello International Park,  
New Brunswick, Canada  
\$595, with Chris Toy  
or  
\$595, with Mary Laury

### Why was my class cancelled?

Classes are cancelled a few days before the start date if there are not enough registrants to run the class.



### Student Testimonial

Choosing Augusta Adult and Community Education was the best thing I've done for myself. Everyone here has been wonderful to me and so understanding.

My English tutor Tracy and math tutor Liz were absolutely wonderful. Sydney, thank you for helping me choose the right program for me and for your support. The teachers pushed me to be successful without pressuring me.

I can actually say that Liz's math class is the only math class I've ever looked forward to going to. I remember this one time we were working on ratios and Liz had just made meatballs for her and her family so she was using the ratio of meatballs to people. When we were done she said that all this meatball talk was making her hungry. It was so funny, little things like that are what made her class so fun.

I miss you guys so much and I really can't thank you enough for everything.

*Lyla Bailey*

**Administrative Staff**

Dr. Kayla Sikora, Director  
Kelli Gilzow Stowell, Program Coordinator  
Sydney Bolduc, Academic Advisor  
Melody Doody, Administrative Assistant  
Shelley McGowan, Administrative Assistant  
Sheila Williams, Evening Secretary  
Deanna Coutts, Assessment Proctor

**Teaching Staff**

Kenlyn Clark, Science/Technology/HiSET  
Liz Johnson, Art/Math/ HiSET  
Eleanor Lunt, English/ELL/HiSET  
Tom Renckens, History/HiSET  
Tracy Weber, ELL/English/HiSET

**Office Hours**

Our regular business hours are Monday-Friday, 8:00 am-4:30 pm.

**Student Learning Hours**

Monday-Thursday, 9:00 am-8:30 pm

**School Holidays**

Jan. 20 - Martin Luther King Jr. Day  
Feb. 17 - Presidents' Day  
Apr. 21 - Patriots' Day  
May 26 - Memorial Day  
June 19 - Juneteenth

**Handicap Accessibility**

All activities offered by Augusta Adult and Community Education are held in accessible locations. Accommodations for individuals with disabilities are available upon request.

**Equal Opportunity**

Augusta Adult and Community Education ensures equal employment, educational opportunities, and affirmative action regardless of race, gender, color, ancestry or national origin, religion, marital status, age, sexual orientation, or disability in accordance with all state and federal laws.

**No Smoking Policy**

All schools in the Augusta school system are smoke-free zones, this includes all tobacco products and electronic nicotine devices.

**Teach Enrichment With Us!**

Do you have a talent or skill you have always enjoyed? Have you ever thought of sharing your talent with your community?

Join our enrichment team! Call us today at 207-626-2470 or email us at [adulthood@augustaschools.org](mailto:adulthood@augustaschools.org).

**Augusta Adult And Community Education  
Mission Statement**

We are a community of learners enriching the greater Augusta area by creating an engaging, accepting, and safe environment, where learners of all kinds can explore and grow.



## Online

You may register on line at [augusta.maineadulted.org](http://augusta.maineadulted.org)

## By Phone

If you would like to register by phone, please call our office at 207-626-2470 and we will gladly help you register. Please have your form of payment ready when calling. We look forward to hearing from you!

## In Person

You may register in person by coming to August Adult and Community Education at:

**22 Armory Street,  
Augusta, ME 04330**

## Class and Course Changes

Published dates and times are subject to change. Registrants will be notified if changes occur.

## Class and Course Cancellations

Augusta Adult and Community Education reserves the right to cancel any class which fails to meet minimum enrollment requirements, so please register early!

## Snow Days

If Augusta schools are cancelled due to inclement weather, all adult education classes are cancelled. If Augusta schools are delayed, our morning classes are cancelled. If Augusta Schools calls a remote learning day, in-person enrichment classes are canceled. Cancellations will be posted on TV stations 6, 8,13 as well as on our website [augusta.maineadulted.org](http://augusta.maineadulted.org) and social media platforms.

## Refund Policy

Refunds will be issued if we cancel a class. If circumstances prevent you from attending your first class, and you notify us before the first class, you will qualify for a refund. Please allow 7-14 business days for funds to be returned to the card used at the time of registration.

*We would like to thank all of our talented instructors for their dedication, and for helping us put together excellent course offerings for our community!*

**Augusta Adult &  
Community Education  
22 Armory St.  
Augusta, ME 04330**

NON-PROFIT  
U.S. POSTAGE  
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PORTLAND, ME  
PERMIT NO. 454

## Postal Patron



**NEW**

Carve A Canoe Paddle  
Fantastic Photo Finish  
Fearless Foodies Cooking Class  
Government  
How to Lose Belly Fat  
How to Lose 20 Pounds in 20 Weeks  
How to Make an Owner's Manual  
for Your House  
How to Play by Ear  
Introduction to the Gig Economy  
Makeup Techniques for Your Features  
Medical Terminology  
Put Your House on an Energy Diet  
Seeking Spring on Snowshoes  
Showshoe and Self-Expression  
Traditional Chair Caning  
Try the Potter's Wheel  
Walk Off 20 Pounds by Summer  
What to Eat to Lose Weight

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